

Designers Lighting Forum

The Challenges of Assessing Glare

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Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.





Learning Objectives

At the end of this course, participants will be able to:

1. Understand the definitions of discomfort and disability glare, and their impact on the comfort and safety of occupants.

2. Understand the use of BUG ratings, cut-off classifications and how cut-off angles and quiet optics reduce source visibility.

3. Understand the use of UGR to evaluate glare in context, and the importance of contrast with the surrounding surfaces to ensure visual comfort and safety for occupants.

4. Understand the limits imposed by far-field photometry in capturing glare from a non-uniform lensed luminaire, and discuss the best practice to evaluate glare with mockups to support the documentation.





My take on glare: Shaun





How do we define glare?





Shield Angle





Distribution of Light

Cutoff angle – the angle measured up from nadir, between the vertical axis and the first line of sight at which the bare source is not visible.

Shielding angle – the angle between a horizontal line through the light center and the line of sight at which the bare source first becomes visible.









Cutoff Classifications





Distribution of Light

Exterior Lighting







BUG Ratings





Distribution of Light

Exterior Lighting



Luminaire Classification System (LSC)

BACKLIGHT/TRESPASS						
SECONDARY SOLID ANGLE	BO	B1	B2	B3	B4	B5
BH	110	500	1000	2500	5000	>5000
BM	220	1000	2500	5000	8500	>8500
BL	110	500	1000	2500	5000	>5000

UPLIGHT/SKYGLOW						
SECONDARY SOLID ANGLE	UO	U1	U2	U3	U4	U5
UH	0	10	50	500	1000	>1000
UL	0	10	50	500	1000	>1000

		ILANC					
	SECONDARY SOLID ANGLE	GO	G1	G2	G3	G4	G5
	FVH	10	100	225	500	750	>750
GLARE FOR TYPES I, II, III, IV, V and V SQUARE	BVH	10	100	225	500	750	>750
	FH	660	1800	5000	7500	12000	>12000
GLARE FOR TYPES I, II, III AND IV	BH	110	500	1000	2500	5000	>5000
GLARE FOR TYPES V AND V SQUARE	BH	660	1800	5000	7500	12000	>12000





Unified Glare Rating





Indoor Report: ARBAY2-160 DLF1906103-4a.ies

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	Reflec	tances												
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	Floor	Cavity		20	20	20	20	20		20	20	20	20	20
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		4H GH		26.4	27.8 28.2	26.8 27.3	28.1 28.6	28.5 29.0		27.4 29.0	28.8 29.3	27.8 28.4	29.1 29.7	29.5 30.0
		8H		27.1	28.3	27.5	28.7	29.1		28.2	29.5	28.7	29.9	30.3
		12H		27.2	28.4	27.6	28.8	29.2		28.4	29.6	28.8	30.0	30.4
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		8H	<	28.3	29.1	28.5 28.7	29.4 29.6	23.9 30.1	C	29.4	30.1	23.6 29.9	30.5	31.2
		12H		28.4	29.2	28.9	29.7	30.2		29.7	30.4	30.1	30.9	31.4
	8H	4H 6H		27.7 28.5	28.6 29.3	28.2 29.0	29.1 29.7	29.5 30.2		28.7 29.6	29.6 30.3	29.2 30.1	30.0 30.8	30.5 31.3
		8H		28.8	29.5	29.4	30.0	30.5		30.0	30.7	30.5	31.2	31.6
		12H		29.1	23.7	23.6	30.1	30.7		30.3	30.9	30.8	31.4	32.U
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		8H		29.0	29.5	29.5	30.0	30.6		30.1	30.7	30.6	31.2	31.8



	Sum	mary	Candela /	Array	Zona	al Lumer	15	CU Table	ΥŪ	GR Ta	ble	Polar Curve
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	UGR	Table - Cor	rected									
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	4H	2H 3H 4H 6H 8H 12H	23.0 24.6 25.3 26.0 26.4 26.6	24.3 25.6 26.3 26.8 27.1 27.3	23.4 25.0 25.8 26.5 26.8 27.1	24.6 26.0 26.7 27.3 27.5 27.7	25.0 26.4 27.1 27.7 28.0 28.2	23.0 24.5 25.3 26.0 26.3 26.5	24.3 25.6 26.2 26.8 27.0 27.2	23.4 25.0 25.7 26.4 26.8 27.0	24.6 26.0 26.6 27.2 27.5 27.7	25.0 26.4 27.1 27.7 27.9 28.2
	8Н	4H 6H 8H 12H	25.6 26.4 26.8 27.2	26.3 27.0 27.4 27.7	26.0 26.9 27.3 27.7	26.8 27.5 27.9 28.2	27.2 28.0 28.4 28.7	25.5 26.3 26.8 27.1	26.3 27.0 27.3 27.6	26.0 26.8 27.3 27.6	26.7 27.5 27.8 28.1	27.2 28.0 28.3 28.7
	12H	4H 6H 8H	25.6 26.5 27.0	26.3 27.1 27.4	26.1 27.0 27.5	26.8 27.5 27.9	27.2 28.1 28.5	25.5 26.4 26.9	26.2 27.0 27.4	26.0 26.9 27.4	26.7 27.5 27.9	27.2 28.0 28.5

Maximum UGR = 28.7

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Maximum UGR = 32.0

Glare is about the surroundings, What does the eye see





Photo from Lacquered Life.com





Photo from Lacquered Life.com



LEDucation. Trade Show and Conference





Photos courtesy of Tyler Callock



14.2

0.53

0.18

Barringer



Photos courtesy of Tyler Callock





Photos courtesy of Shaun Fillion & Laura Teter







Photos courtesy of Tyler Garlock







Photo: http://gabisworld.com/photo/places/independence-hall/03/





My take on glare: Aaron





- Glare decisions shouldn't be boiled down to one number
- Informed design decisions, will lead to better occupant experiences and better lighting





CALiPER Exploratory Study: Recessed Troffer Lighting

NJ Miller MP Royer ME Poplawski

March 2013

- Key Research
 - Overhead glare
 - Discomfort glare
 - Patterns of light
 - Appearance



4	Full	Is the luminaire comfortable (not glaring) to sit under in a heads-down-type visual task (office)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
5	Full	Is the luminaire comfortable (not glaring) to sit under in a heads-up-type visual task (classroom)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
6	Full	Is the direct view of the luminaire comfortable (not glaring) for normal office tasks?	1 = Very uncomfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable



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Overhead Glare

- The visual discomfort that is sensed when luminaires are situated above the normal field of view, usually from 55° to 85° above a horizontal gaze.
- The most highly correlated metric was the maximum luminaire spot luminance as measured at a steep angle of 10° from vertical (R^2 = 0.46)
- Those products with maximum spot luminance higher than <u>20,000 cd/m^2</u> generally received poorer ratings.
- Correlation between the <u>observers' ratings and other</u> <u>measurements of luminous intensity distribution were weak</u>.
- The patterns created on walls that have a more distinct edge that observers did not like.
- Top-rated luminaires for visual comfort, and <u>all of them are</u> <u>2×4s with a diffuser panel with linear details</u>, producing a smooth gradient of light across the diffuser.
 - The maximum measured lens luminance among these was <u>12,480</u> <u>cd/m^2</u>.



Figure 10. Illustration of overhead glare zone for office worker. Source: IES DG-18-08, Light + Design: A Guide to Designing Quality Lighting for People and Buildings



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Luminance @ 10 deg from nadir

Is the luminaire comfortable (not glaring) to sit under in a heads-down-type visual task (office)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
Is the luminaire comfortable (not glaring) to sit under in a heads-up-type visual task (classroom)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
Is the direct view of the luminaire comfortable (not glaring) for normal office tasks?	1 = Very uncomfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable





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Discomfort Glare

- To find a metric to predict discomfort glare problems, observer responses were compared to a range of quantities derived from photometric reports or from in-situ luminance measurements.
- <u>None of the following metrics produced a reliable correlation</u> (R^2 values were less than 0.18):
 - Maximum spot luminance measured on the surface of the luminaire from a measurement angle of 25° above horizontal (65° from the luminaire nadir), measured in the luminaire's 90° plane.
 - Ratio of maximum to minimum spot luminance measured across the surface of the luminaire from the same 25° above horizontal.
 - Ratio of maximum luminance to adjacent ceiling tile luminance, measured from the same angle.
 - Maximum luminaire candela value at 55°, 65°, 75° or 85° luminaire elevation angles.
 - Average luminaire luminance at 55°, 65°, 75° or 85° luminaire elevation angles.
 - Percent lumens emitted between 60° and 90°, or absolute lumens emitted between 60° and 90°.
 - Total luminaire lumen output.





E<u>Ducation</u>



Intensity @ 65 Deg

Is the luminaire comfortable (not glaring) to sit under in a heads-down-type visual task (office)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
Is the luminaire comfortable (not glaring) to sit under in a heads-up-type visual task (classroom)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
Is the direct view of the luminaire comfortable (not glaring) for normal office tasks?	1 = Very uncomfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable



E<u>Ducation</u>



Intensity @ 65 Deg

Is the luminaire comfortable (not glaring) to sit under in a heads-down-type visual task (office)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
Is the luminaire comfortable (not glaring) to sit under in a heads-up-type visual task (classroom)?	1 = Not comfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable
Is the direct view of the luminaire comfortable (not glaring) for normal office tasks?	1 = Very uncomfortable 2 = Moderately uncomfortable 3 = Moderately comfortable 4 = Very comfortable


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Figure 2. Photographs of the products installed for the study. The red letters indicate fluorescent benchmark products.



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LINE COP H

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-0°H

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- May Co















































































The wall pattern paradox

3	Full	Imagine the luminaire installed 2' or 3' from	1 = No
		the walls. Is the light distribution on the	2 = Somewhat inappropriate
		adjacent wall appropriate for the application?	3 = Somewhat appropriate
			4 = Yes

- Light distribution on adjacent office walls is a factor that seems to be related to the percent of light
- emitted from 60° to 90°. Troffers that emitted more than 10% of their lumens in that zone produced
- better—meaning higher and "softer"—wall patterns.





- For all questions related to glare, it is notable that the <u>experts'</u> <u>mean responses were correlated with their rating for the overall</u> <u>appearance of the luminaire</u>, oftentimes more so than any other single metric.
- It is likely that <u>glare perception is related to a more complex</u> <u>picture of luminous intensity distribution than can be captured</u> <u>with a single number.</u>
- It is difficult to say, however, if glare is a driving factor behind overall preference, or if the observers' feelings towards each luminaire led to bias in certain areas, like glare, which can be more difficult to conceptualize.





Glare Conclusions

- <u>Glare remained an enigma</u>. Whether overhead glare or direct (discomfort) glare, only one measured or calculated photometric quantity proved to be a promising predictor.
 - That metric was <u>maximum spot luminance</u> measured across the face of the troffer from a steep angle of 10° from vertical.
- <u>The lowest rated troffers for glare were those LED products with</u> prismatic lenses and odd or **distracting patterns** (types U, F, and C), along with an LED retrofit kit with <u>extremely high lens luminance</u> (type G).
- <u>Products with diffuse lenses and simple visual details (types N, J,</u> W, P, and X) received the most favorable ratings for glare.





The rise of UGR (circa 1995)

- Like most single number metrics UGR is a low precision tool
- Applying UGR sight unseen may not produce desirable results, like a boring design.





Limitations

- For indoor lighting and electrical design only
- For uniform background luminances
- Not for small light sources
- Not for large light sources
- Not for indirect lighting
- Not for non-uniform lighting
- Not for applications with daylight













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UGR sources < 16







- Room Size
- Room reflectance
- Luminaire pattern
- Mounting height
- Position in space
- Background luminance
- Source luminance
- Source area
- Age
- Adaptation
- Biology
- Task illumination
- Task uniformity

Glare Factors

- Room Color
- Application uniformity
- Circadian impacts
- Architectural interest
- Luminaire Interest
- Vertical lighting
- Daylighting
- Sky lighting
- Gaze direction
- Mobility
- Dimming
- Distribution
- Intensity

- Flux
- Spectrum
- Shielding
- Test Setup
- Experience of viewer
- Lens patterns
- Shadow patterns
- Wall illumination
- Cave effects
- Task in progress
- Immediate surround





NEMA LS 20001-2021

NEMA Whitepaper

White Paper on Unified Glare Rating (UGR)

- It is <u>not advisable to use UGR to predict acceptability</u> or in any other way as an <u>absolute measure of perception</u>.
- UGR application method may be used to estimate glare sensation, yielding **relative comparisons**; for example, if the light sources with the space are bigger, brighter, and closer to the observer, or if the light source is kept the same but evaluated in a darker environment, then it will create more glare than the same source without those conditions, and <u>UGR application method</u> will indicate so.
- Confusion will result if absolute statements such as "70% of people experience glare discomfort" or "UGR 19 is acceptable glare" are used. It is impossible to make such statements without the <u>complete context</u>, and even then, there will be variations among individuals as to what is acceptable or not.











What should we do?

- Apply design principles
- Review luminaires
- Document our results

















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Design Principles

- Brighten surfaces
- Optimize Interiors
- Lower Intensities





- Increase the overall background luminance
 - Create a visual hierarchy
 - Balance adaptation
- Light the ceiling
 - Luminaires with uplight
 - Wall-mounted uplight
 - Recessed luminaires with dropped luminous elements
- Light the walls and vertical surfaces
 - Wall washing/grazing
 - Translucent / self luminous partitions
 - Accent areas of focus
- Integrate Task Lighting
 - Light the area of use
 - Carefully locate and shield
 - Enable personal control





- Daylight fenestration
 - Shade direct sun
 - Consider solar glare risk
 - Window treatments to balance luminance
- Displays
 - Selection of screen types
 - Locations and Sizes
 - Dimming features
 - Dynamic dimming
- Surfaces
 - Primarily Diffuse
 - Limited / carefully placed specular features
 - Lighter colors & higher reflectance ceiling and walls/partitions





Lower Intensities

- Carefully consider direct-view of light sources including LEDs, optics and diffusers
- Utilize Dimming
 - Luminaire dimming options
 - Luminaire dimmed based on time of day
 - Dim gradually and continuously
- User Views
 - Keep sources of brightness in context
 - Shield direct view sources (except sparkle)
 - Consider user position related to luminaire and orientation





What should we do?

- Apply design principles
- Review luminaires
- Document our results
- Enjoy beautiful spaces







My take on glare: Dan





UGR discussion with DLC

UGR Fast Facts

- UGR threshold requirements are included in European and Australian/New Zealand commercial and industrial lighting standards.
- The factors that affect UGR include background luminance, average luminaire luminance and solid angle, and displacement from the line of sight.
- UGR values generally range from 10 to 31, where a rating of 10 indicates no perceived discomfort and a rating of 31 indicates intolerable discomfort. The DLC's UGR thresholds range from 22 to 28, based on Primary Use Designation.



where

UGR Formula

Lb is the background luminance (cd/m²); L is the luminance of the luminous parts of each luminaire in the direction of the observer's eye (cd/m²);

D is the Guth position index for each luminaire (displacement from the line of sight);



For the measurements of glare the discomfort glare constant is used.

Glare index:	Reaction:
0 - 10	Imperceptible
10 - 16	Noticeable
16 - 22	Acceptable
22 - 28	Uncomfortable
> 28	Intolerable

More visually demanding tasks with high luminance levels as drawing and fine visual inspections are less tolerant of glare. Very sensible to glare is working behind a computer. Since computer screens have shiny surfaces and are very susceptible to glare.

Limiting:	GI occupations
16	Drawing offices, very fine visual inspections
19	Offices, libraries, keyboard and video display terminal work
22	Kitchen, reception area, fine assembly
25	Stock rooms, assembly line for easy tasks
28	Indoor car park, rough industrial work

Glare and UGR







DLC 5.1 requirements

What is the Unified Glare Rating?

The Unified Glare Rating (UGR) predicts the glare caused by an electric lighting system along a psychometric scale of discomfort. In simpler words, UGR predicts the amount of discomfort-causing glare produced by a lighting installation for a fixed set of conditions. Discomfort glare can result in annoyance, headaches or eyestrain.

Discomfort glare is different from disability glare, which impacts the viewer's ability to discern objects accurately. **UGR is a measure of discomfort glare, not disability glare.**

Table 6: Additional Testing and Reporting Requirements for Discomfort Glare (DLC Premium)

Metric	V5.1 Premium Requirements	QPL Listing	Method of Evaluation	
	Troffer (Luminaire and Integrated Retrofit Kits only): Corrected UGR < 22.0 (Note: Linear-Style Retrofit Kits for 2x2, 1x4, and 2x4 Luminaires are not eligible for Premium qualification under V5.1.)		Corrected UGR values generated per <u>CIE 190-2010</u> at the reference condition	
Discomfort	Lineor Ambient (Luminaire and Retrofit Kits): Corrected UGR < 22.0	UGR values not nublished	Room dimension:	
Glare	Low-Bay (Luminaire and Retrofit Kits): Corrected UGR < 25.0	on the QPL	Spacing to height ratio (S/H): 1	
	High-Bay (Luminaire and Retrofit Kits): Corrected UGR < 28.0		Reflectances: 70/50/20%	
	All other products: n/a			

Note: DLC reviewers will use <u>Photometric Toolbox</u> (Lighting Analysts, Inc., version 2.7 or newer) to verify UGR using the submitted tested .ies file.

Why is UGR required for DLC Premium qualification?

The DLC's goal is to support the lighting industry in improving the quality of light in the built environment and ensuring safe and comfortable work environments for people. With a UGR requirement for Premium products, lighting decision makers can select from the Premium list for better confidence in the glare performance of the products they specify or install.

Products with better glare design have the potential to:



Support task performance

Promote comfort of building occupants

Table 11: V5.1 Allowances to Efficacy

Feature	General Application	Performance Metric	Allowance under V5.1
	Troffer (Luminaires and Integrated Retrofit Kits only)	Corrected UGR < 16.0 at the glare evaluation reference condition of • Room dimension: X = 4H, Y = 8H • Spacing to height ratio (S/H): 1 • Reflectances: 70/50/20% (Note: Linear-Style Retrofit Kits for 2x2, 1x4, and 2x4 Luminaires are not eligible for efficacy allowances under V5.1.)	-10%
Enhanced Discomfort Glare Control	Linear Ambient (Luminaires and Retrofit Kits)	Corrected UGR < 16.0 at the glare evaluation reference condition of Room dimension: X = 4H, Y = 8H Spacing to height ratio (S/H): 1 Reflectances: 70/50/20%	-10%
	Low-Bay (Luminaires and Retrofit Kits)	Corrected UGR < 19.0 at the glare evaluation reference condition of Room dimension: X = 4H, Y = 8H Spacing to height ratio (S/H): 1 Reflectances: 70/50/20%	-10%
	High-Bay (Luminaires and Retrofit Kits)	Corrected UGR < 22.0 at the glare evaluation reference condition of Room dimension: X = 4H, Y = 8H Spacing to height ratio (S/H): 1 Reflectances: 70/50/20%	-10%
Guidance for Modeling Luminous Area

The following examples are given as guidance for modeling common types of luminaires, with luminous areas per IES LM-63. The red boundary line indicates the boundary of suggested luminous opening. Each .ies file can only have one luminous area, so the following conventions are recommended.¹







HOW DO MANUFACTURERS MEET DLC 5.1 UGR REQUIREMENTS?

- 1. Increase luminous opening including length, width and height.
- 2. Reduce lumen per fixture
- 2. Improve photometric distribution to reduce intensity at high angles.





My take on glare: AC





Design Strategies









GLARE IS IN THE EYE OF THE BEHOLDER



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LUMINAIRE PHOTOMETRIC WEB AS A WAY OF DEMONSTRATING POTENTIAL GLARE CONDITIONS















TRAIN HALL LIGHTING

PROGRESS CONCEPT DESIGN RENDER

LIGHTING ELEMENTS

 MOONLIGHTING Parapet mounted white LED floodlight with snoot.



leducation.org

2







TRAIN HALL LIGHTING - MOONLIGHTING GLARE STUDY VIA HUMAN VISUAL SYSTEM





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D2

TRAIN HALL LIGHTING - MOONLIGHTING

GLARE STUDY VIA LUMINAIRE OPTICAL DESIGN

GLARE CONCERNS FROM THE PERSPECTIVE OF LUMINAIRE OPTICAL DESIGN:

LUMINAIRE OPTICAL DESIGN advises that any light emission above 45 deg. from nadir, could cause discomfort glare.

DISCOMFORT GLARE occurs when glare sources in the field of view produce a sensation of irritation in the eye.

BUJE COLORED ZONES would fall under the offending zones that could cause discomfort glare.

YELLOW COLORED ZONES_would be considered non-glare zones.

BLUE DASHED LINES represent possible direct view angles from a person inside the train hall to the light fixtures mounted at the parapet. Particularly sensitive positions would be the person in the escalator coming up (inherent desire to look up) and anyone standing at the retail balcony which would possibly be more inclined to look up and around.





TRAIN HALL LIGHTING MIDTOWN PLAZA - MOONLIGHTING

SUCCESSFUL MOONLIGHTING REQUIREMENTS:

The photo on the right represents a moonlighting approach since the context provided adequate mounting heights of lighting equipment thus minimizing the aiming angles and glare. [mounting heights for image on the right: 150-300 FT]

Aiming angles

For a successful moonlighting approach aiming angles need to remain between 10-20 deg max. *The image at the right has both locations aimed within the range. *The train hall aiming angles vary from 35-60 degrees.





TRAIN HALL LIGHTING PROGRESS CONCEPT DESIGN RENDER

ALTERNATE LIGHTING APPROACH THAT PRESERVES "SKY-VIEW" WHILE STILL CELEBRATING THE STRUCTURE AND VOLUME:

COURTYARD FACADE LIGHTING
Continuous Tunable White Linear
LED uplight with shielding for
precise beam control. Fixture could be mounted
on flexible brackets at 1-2FT away from facade
to provide adequate grazing. Fixture can be a
continuous approach or a regular pattern of equal
spacing. The controls embedded into this system
would provide dimming capabilities, color-tuning
scenes (warm to cool - i.e sunset to nightfall)
as well as more sophisticated scenes. As an
alternative we could consider RGBW which would
offer greater seasonal events and branding range.

TRUSS ACCENT LIGHTING

This approach investigates a more subtle animation of the trusses lighting/grazing only the inner face of truss. The accent light + snoot is placed above and between the truss structure, Not lighting the front faces of the truss could create a more dramatic effect and a more contrast between the different surfaces. Perhaps a truss mounted adjustable LED (aimed away from the truss's front face) could be considered for uplightign the skylight mullions.















Metrics + Mockups





Conclusions

- Glare is in the eye of the beholder
- Metrics can help, but context is critical.
- Apply design principles
- Review luminaires
- Document our results
- Enjoy beautiful spaces





This concludes The American Institute of Architects Continuing Education Systems Course



