

### **Designers Light Forum**

Treat Your Building As A Patient

Clifford J. Yahnke, Ph.D. 14-Mar-18





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## Learning Objectives

At the end of the this course, participants will be able to:

- Identify the types of Healthcare Acquired Infections (HAIs) and their collective impact upon the US healthcare system
- 2. Explain how infections can be acquired through the built environment
- 3. Describe the range of solutions to improve environmental hygiene which are available to healthcare providers
- List the characteristics of specification-grade light fixtures that can reduce the spread of pathogens within the environment
- 5. Recognize the benefits of continuous environmental disinfection and the areas within a healthcare setting where it is best used

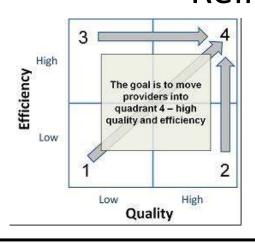




# HEALTHCARE: THE NEW WORLD WE LIVE IN...

## US Healthcare Is Being Driven By Changes In Reimbursement

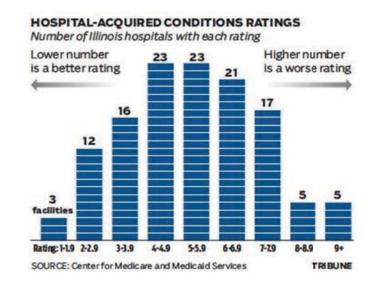
Objective





Penalties

Assessment







## US Statistics on Healthcare Acquired Infections (HAI)

- 1 in 20 patients acquires an infection while in a US hospital
- 1.7M HAI's/year (US)
- 99,000 deaths/year (US)
- Consuming more health care dollars each year
- Estimates vary widely depending upon what is considered cost
- Typically accepted cost is ~\$23K per infection
- 2,225 Hospitals = \$227M in withheld compensation
- Excludes 26,000 US facilities such as:
  - Ambulatory Surgery Centers
  - Skilled Nursing Facilities
  - Long-Term Acute Care
  - Hospice
  - Dialysis Centers





## What is an HAI?

Surgical Site Infection (SSI)



Catheter Associated Urinary Tract
Infection (CAUTI)



Central Line Associated Bloodstream Infection (CLABSI)



Ventilator Associated Pneumonia (VAP)





## **Every HAI Is Significant!**

Patient Suffering – Risk to Staff
 & Other Patients



- HCAPS Scores & Brand Reputation
- Risk of Significant Litigation (avg. settlement \$2-4M)
- Value Based Purchasing Payment Reductions
- The #1 Preventable Cause of Readmissions
  - Up to 3% in Readmissions Penalties
- Many HAIs Progress to Sepsis; +30% mortality rate





## Are We Doing All We Can?

 In high acuity areas where patients are immuno-compromised – just a few bacteria can be too many



- Burn units, oncology, ICU, surgery, etc.
- Hand hygiene and terminal cleaning regimens have improved HAIs, but they are episodic
- Bacteria never takes a break constantly growing and becoming more resistant
- Wouldn't it be great if we could disinfect 24x7, putting constant pressure on the bacterial load?





## Hard Dollar Revenue Loss and Unreimbursed Expenses Affected by HAIs

Program	% payment at risk	\$ at risk
Infection reporting to NHSN	2%	\$1 million
Readmissions	3%	\$1.5 million
Bottom quartile of infections	1%	\$500,000
Value-based purchasing	2%	\$1 million
Total payment at risk		\$4,000,000
Cost of extended stay due to HAI**		\$2,800,000
Total direct costs and penalties		\$6,800,000

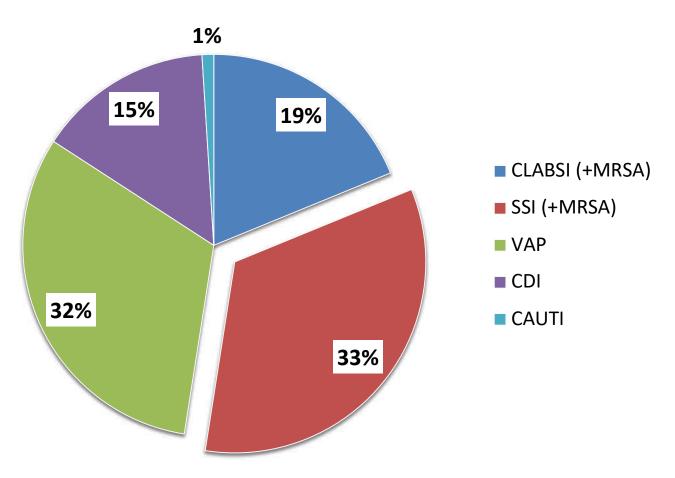
Sources: Centers for Medicare and Medicaid Services, Centers for Disease Control and Prevention, American Hospital Association



<sup>\*\*</sup> Assumes 10,000 admissions, 4% HAI rate, and 7 days of extended stay per HAI. Internal cost of additional patient day assumed to be \$1,000.



## HAI Cost by Modality



<sup>1</sup>Zimlichman, E. et al. "Health Care-Associated Infections: A Meta-analysis of Costs and Financial Impact on the US Health Care System", JAMA Intern Med 2013; 173:2039-46





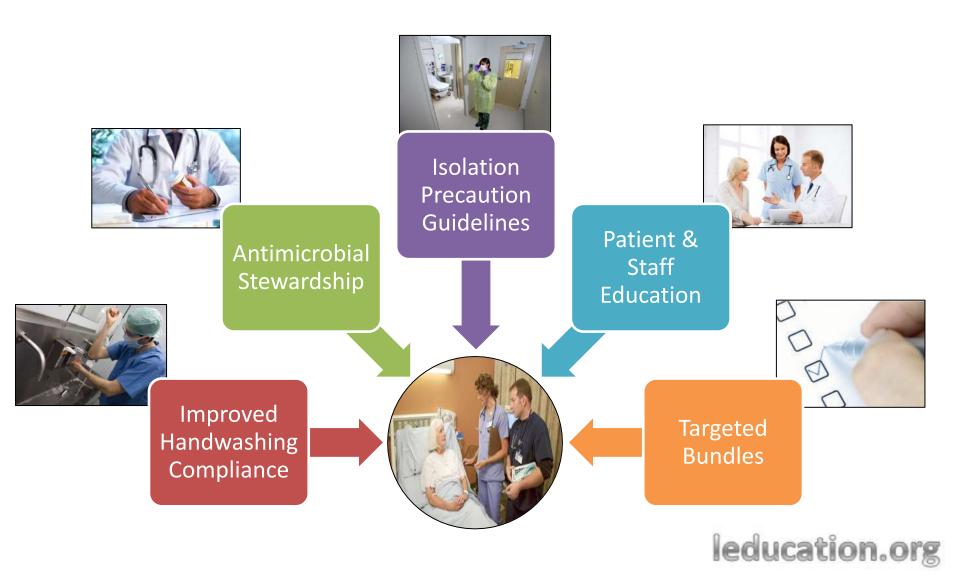
## End of the Golden Age?

A 'slow catastrophe' unfolds as the golden age of antibiotics comes to an end





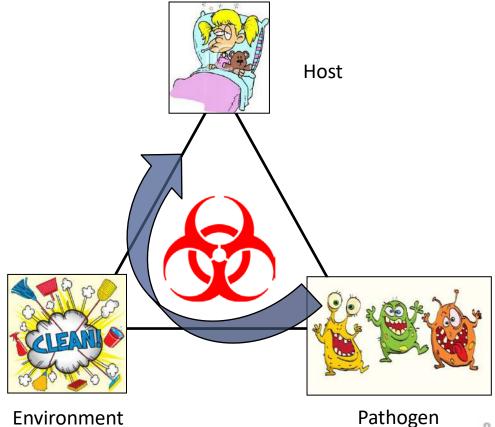
### Infection Prevention Modalities





## What's Missing?

What about the environment?



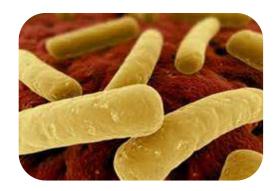
leducation.org



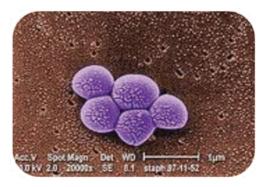
### ROLE OF THE ENVIRONMENT IN HAI



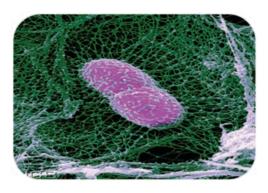
## Organisms Persist in the Environment



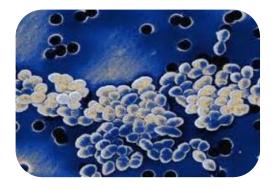
Clostridium difficile > 5 months to years



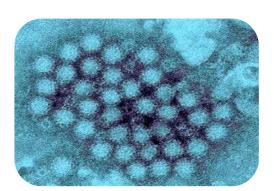
Methicillin resistant
Staph. Aureus (MRSA)
>12 months



MDR – Gram negative (e.g *Acinetobacter*) > 30 months



Vancomycin Resistant
Enterococci (VRE)
> 46 months



Norovirus > 2 weeks

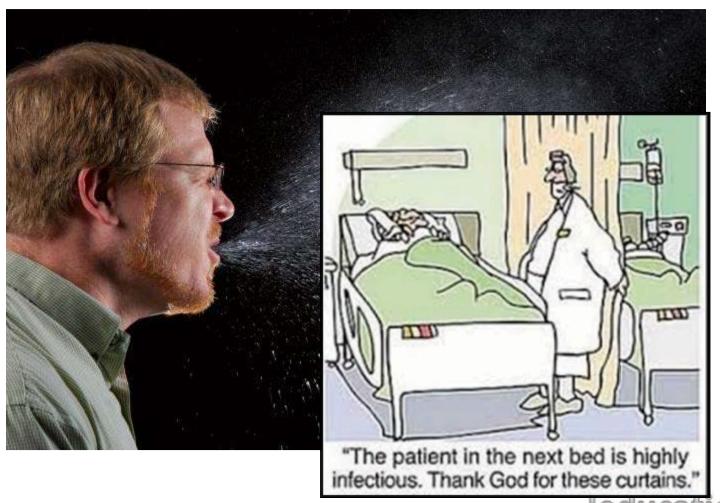
Kramer et. al. BMC Infect Dis 2006;6:130

Adapted from





### Have You Ever Wondered How Diseases Spread?

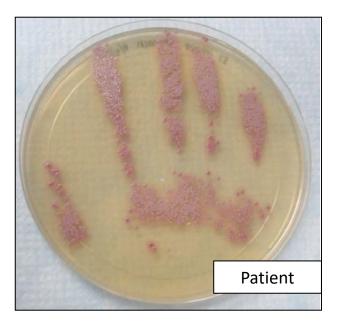


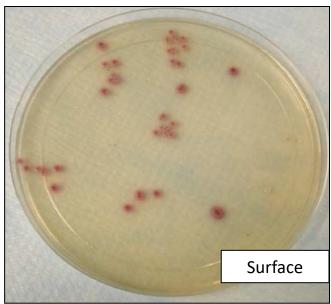
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## Contract Transmission from Patient to Environment

 Acquisition of MRSA after contact with colonized patient and terminally cleaned surface





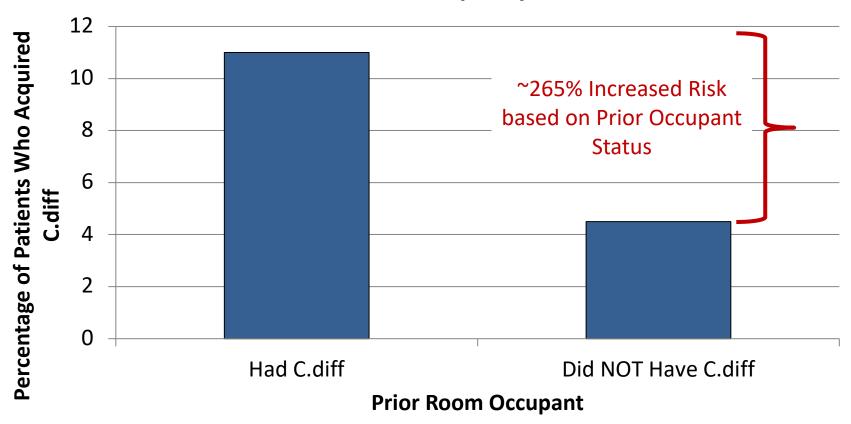
- 1. Stiefel U, et al. Infect Control Hosp Epidemiol 2011;32:185-7
- 2. Donskey CJ, Eckstein BC. N Engl J Med 2009;360:e3
- 3. Boyce JM et al. Infect Control Hosp Epidemiol 1997;18:622-7
- 4. Bhalla A, et al. Infect Control Hosp Epidemiol 2004;25:164-7
- 5. Hayden MK, et al. Infect Control Hosp Epidemiol 2008;29:149-154





### Role of the Environment in HAI

#### **Prior Room Occupancy Risk**



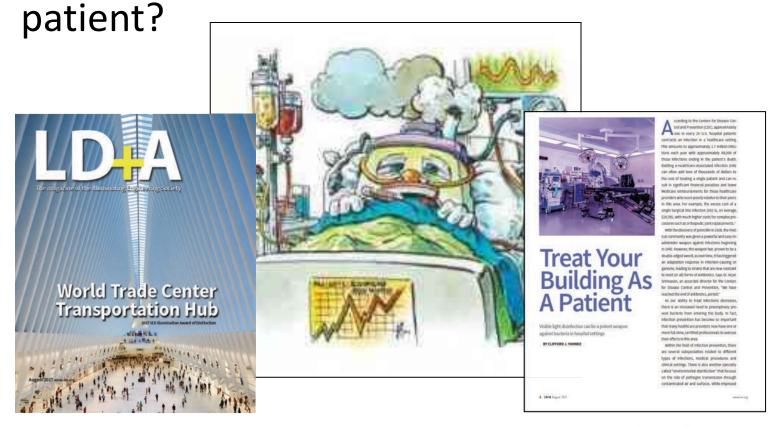
Shaughnessy et. al. Infect. Control Hosp. Epidemiology 2011;32:201-206





## A Different Approach...

What if the building were treated as a





## Your Building As A Patient

#### **Patient**

Improved handwashing compliance



Improved surface disinfection compliance

Antimicrobial stewardship



Proper surface disinfectant

Isolation precaution guidelines



Rooms designed for infection prevention

Patient & Staff Education



**Engineering & Facilities Education** 

Targeted Bundles



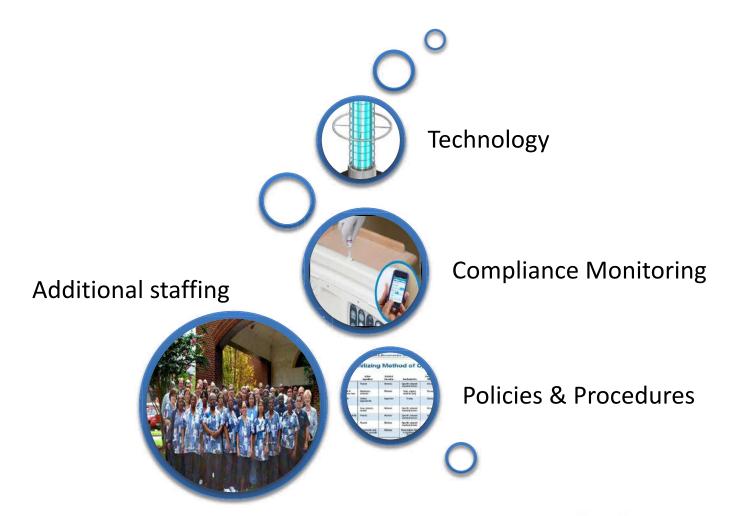
**Location-specific Bundles** 



# IMPROVING ENVIRONMENTAL HYGIENE



## Improving Environmental Hygiene







## Potential Healthcare Applications





## No Touch Disinfection Technology

#### **Continuous**

- Air Filters
- UV/Plasma air handlers
- Copper surfaces
- Environmental sprays
- Visible Light

### **Episodic**

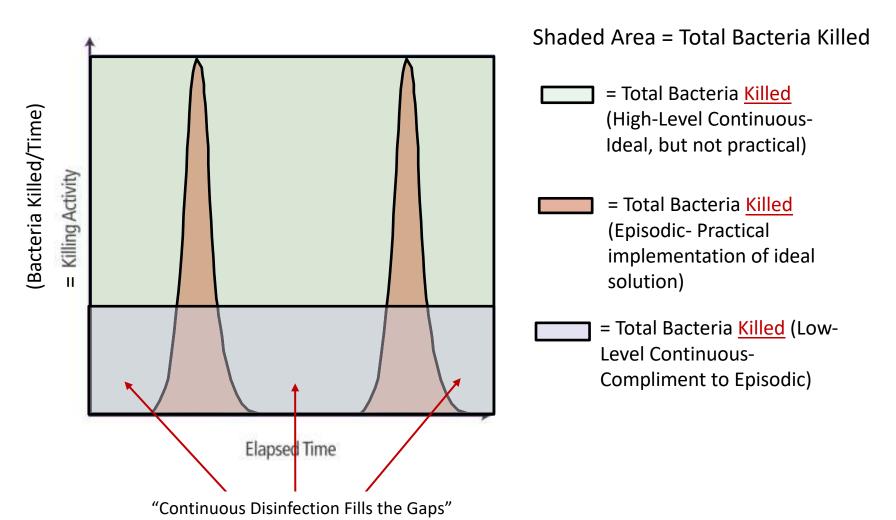
- UV Devices
- Chemical Vapor



## EPISODIC VS. CONTINUOUS DISINFECTION



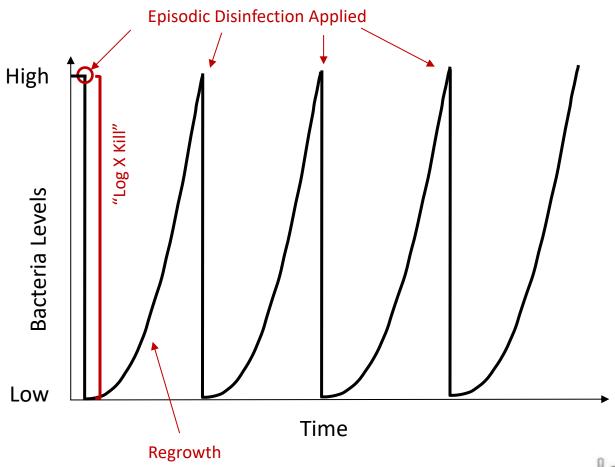
## Episodic vs. Continuous- Definition







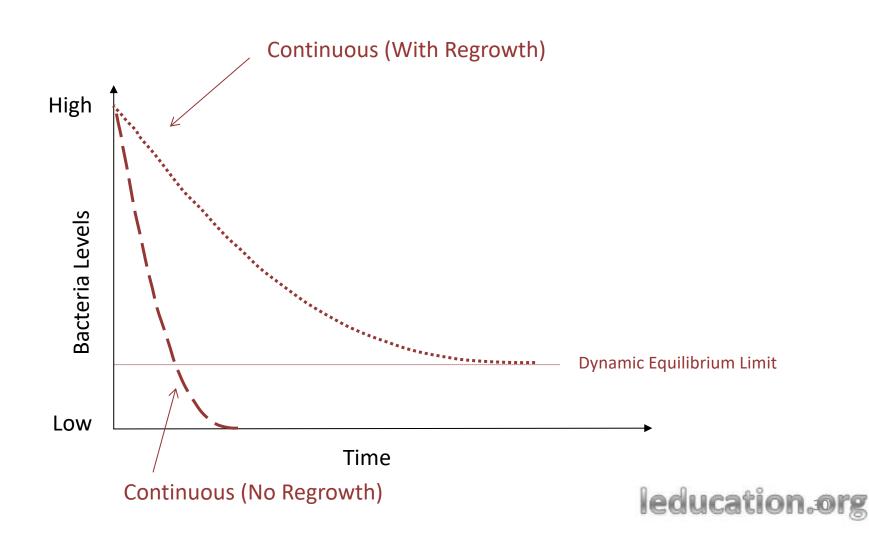
## Effects of Episodic Disinfection Upon Bacteria Levels



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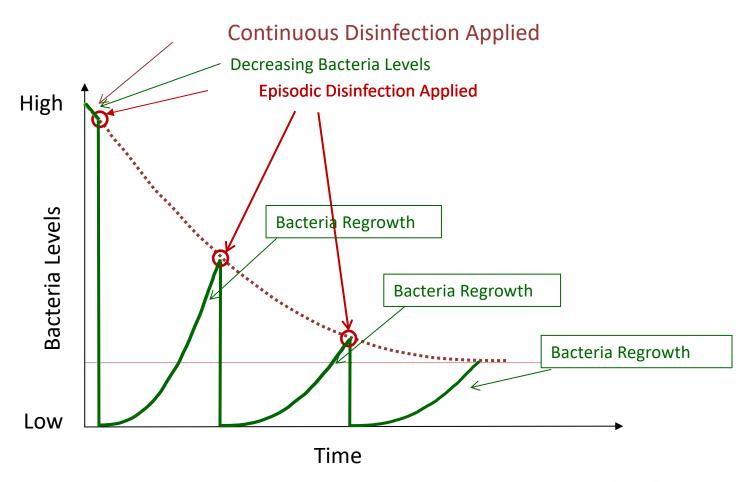


## **Continuous Disinfection**





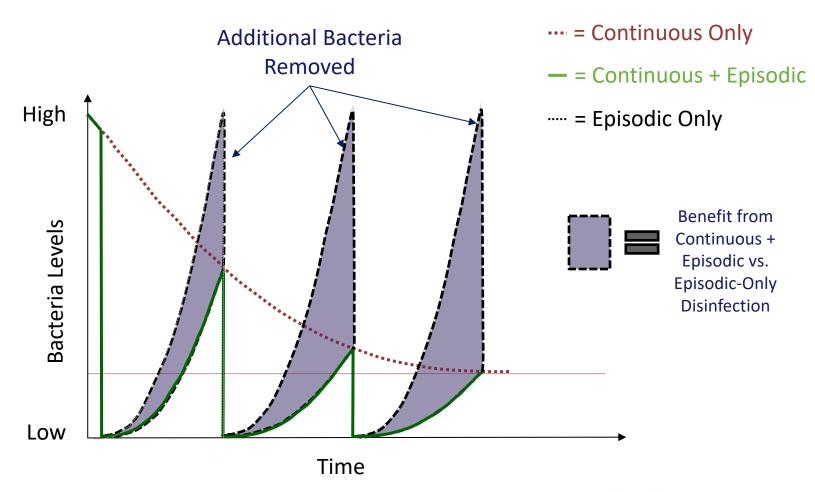
## Continuous + Episodic Disinfection







## Benefits of Continuous + Episodic







## Episodic vs. Continuous

#### **Episodic (UV)**



- Useful in outbreak or terminal cleaning applications
- Often takes the room out of service
- Potential safety issues
- Potential compliance issues

#### **Continuous (Visible)**



- Useful in areas which must remain operational 24/7
  - Capacity Limitations
  - Quick Turnover
- Cleans even when people aren't in the room
- Designed to be safe for patients and staff
- Eliminates compliance issues





### Which is Better?



Episodic VS. Continuous



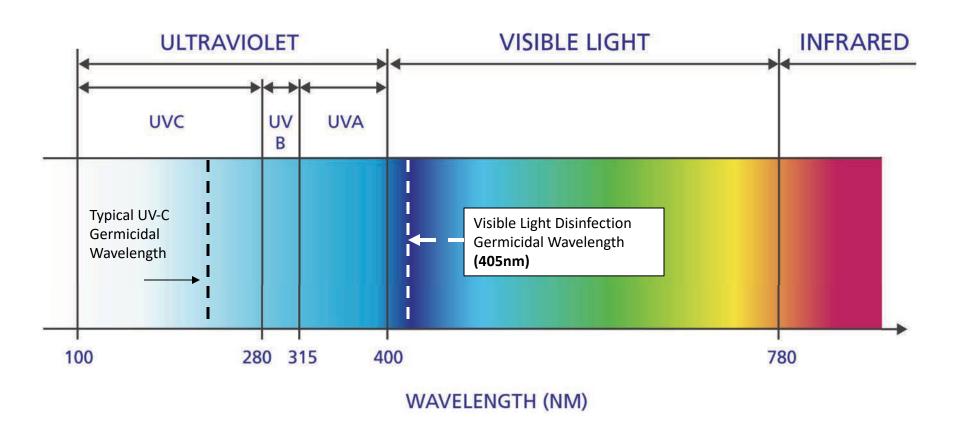
Episodic + Continuous



# CONTINUOUS ENVIRONMENTAL DISINFECTION USING VISIBLE LIGHT



## What is Visible Light Disinfection?





## What is Visible Light Disinfection?

- A continuous environmental disinfection system which:
  - Uses safe, <u>visible</u> light
  - Can be integrated into normal, overhead lighting



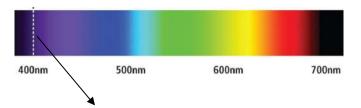
White Disinfection Mode = Ambient White Light + Disinfection Indigo Disinfection Mode = Increased Disinfection Only





## Types of Visible Light Disinfection

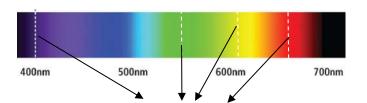
Indigo-Only





Disinfection only

Mixed White





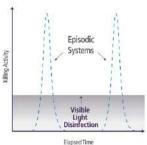
Use of complimentary colors allows for ambient lighting applications leducation. org



### How Does Visible Light Disinfection Work?

1. Continuous, automatic, safe system creates hostile environment for bacteria



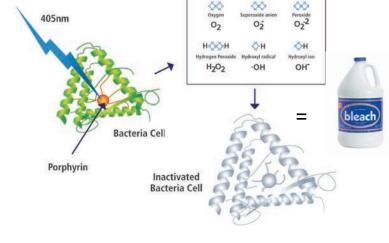




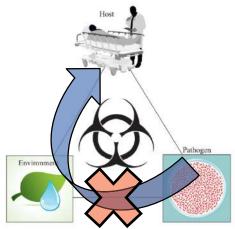


within bacteria causing inactivation **Creates ROS** 

Whole-room Results



2. Environment creates Reactive Oxygen Species



3. Pathogen inactivation breaks the environmental chain of infection





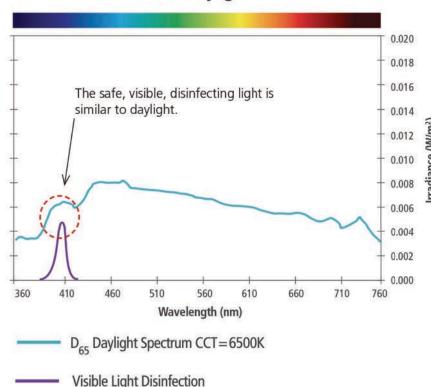


4. Measured bacterial reduction\*



## Visible Light Disinfection Safety

### Comparison of Visible Light Disinfection with Daylight



#### **Safety Testing**

Visible Light Disinfection has been evaluated against existing visible light safety standards.

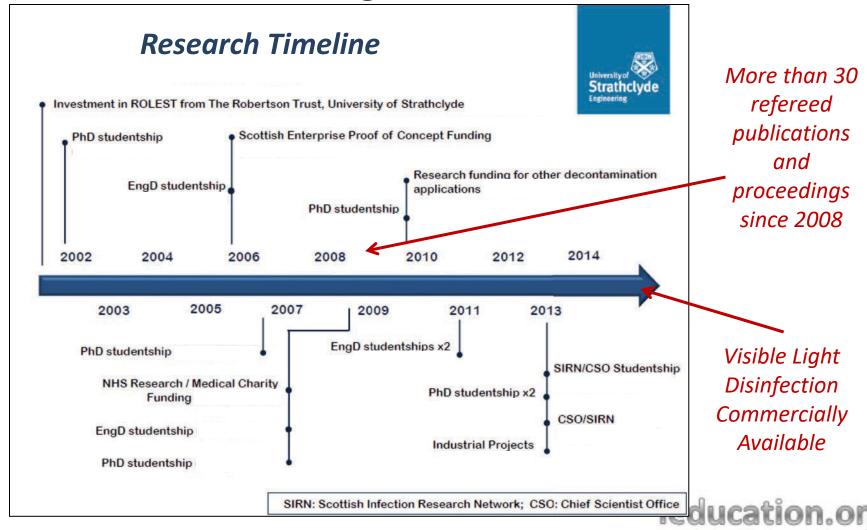
Standard	Testing Method	Results
IEC 62471/62778 <sup>1,2</sup>	Independent 3rd Party Laboratory	Pass (Exempt)
ACGIH <sup>3</sup>	Self-Assessment	Pass
ICNIRP <sup>4,5</sup>	Self-Assessment	Pass

- International Electrotechnical Commission Photobiological safety of lamps and lamp systems, 2006
- 2: International Electrotechnical Commission Application of IEC 62471 for the assessment of blue light hazard to light sources and luminaires, 2014
- 3: American Conference of Governmental Industrial Hygienists Threshold Limit Values (TLVs) & Biological Exposure Indicies Signature Publications, Cincinnati, 2007
- 4: International Commission on Non-Ionizing Radiation Protection Guidelines on limits of exposure to optical radiation from 0.38 to 3.9 mm. Health Physics 73; 539-555; 1997
- 5: International Commission on Non-Ionizing Radiation Protection Guidelines on limits of exposure to ultraviolet radiation of wavelengths between 180 nm and 400 nm (incoherent radiation) Health Physics 87, 171-186; 2004





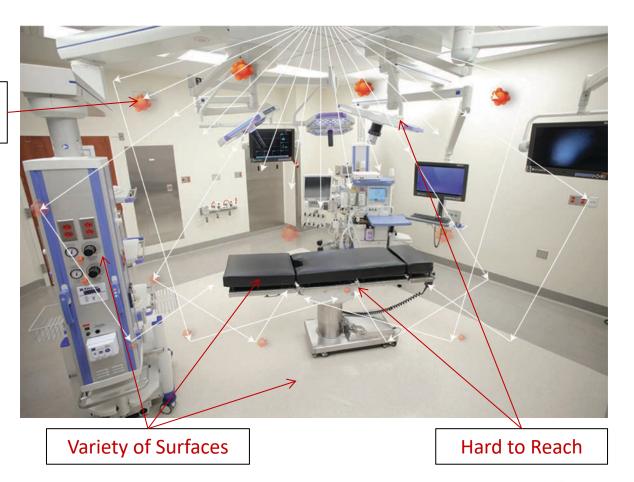
## History of Academic Research & Investment in Visible Light Disinfection





## Visible Light Disinfection In An Operating Room

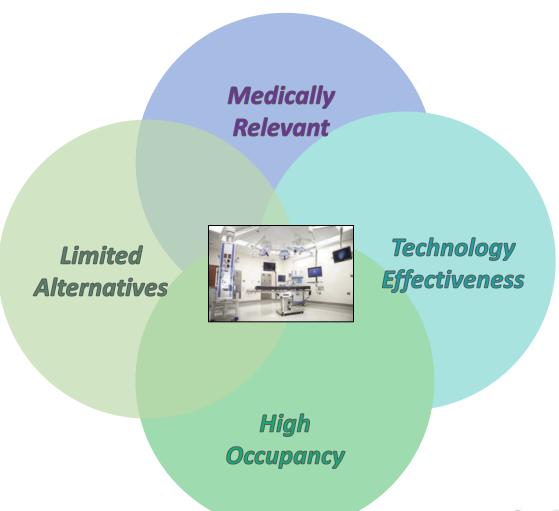
Airborne Pathogens







### Why Visible Light Disinfection in the OR?



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## The Importance of Contaminated Air in the OR

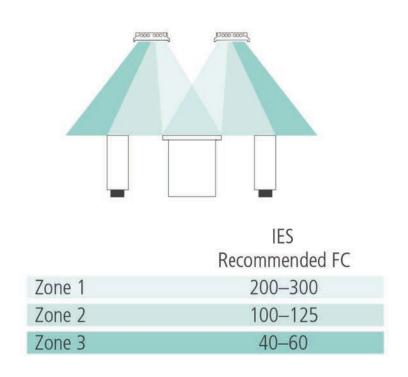






# Visible Light Disinfection Application: Operating Rooms

 Ambient lighting levels in operating rooms are governed by IES guidelines



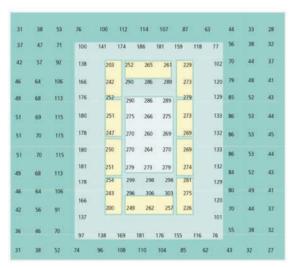
31	38	53	76	100	112	114	107	87	63	44	33	28
37	47	71	100	141	174	186	181	159 1	18 77	56	38	32
42	57	92	138	203	252	265	261	229	102	70	44	37
46	64	106	166	242	290	286	289	273	120	79	48	41
49	68	113	176	252	290	286	289	279	129	85	52	43
51	69	115	180	251	275	266	275	273	133	86	53	44
51	70	115	178	247	270	260	269	269	132	86	53	45
51	70	115	180	250	270	264	270	269	133	86	53	44
49	68	113	181	251	279	273	279	274	132	84	52	43
			178	254	299	298	298	281	129			
46	64	106	166	243	296	306	303	275	120	80	49	41
42	56	91	137	200	249	262	257	226	101	70	44	37
36	46	70	97	138	169	181	176	155 1	16 76	55	38	32
31	38	52	74	96	108	110	104	85	62	43	32	27

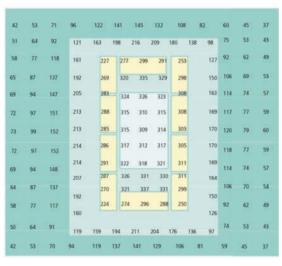


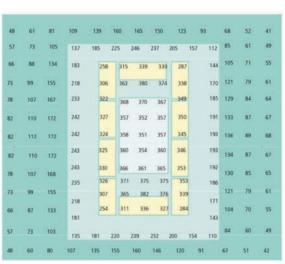


### Deploying Visible Light Disinfection in the OR

 Contact manufacturer to ensure proper dosing of room based on 1:1 replacement







~625 sq. ft.

Average Illuminance

ZONE 1	ZONE 2	ZONE 3		
270 fc	209 fc	61 fc		

System Power Consumption 1890W

~625 sq. ft.

Average Illuminance

ZONE 1	ZONE 2	ZONE 3
317 fc	232 fc	84 fc

System Power Consumption 1150W

~625 sq. ft.

#### Average Illuminance

ZONE 1	ZONE 2	ZONE 3
360 fc	263 fc	96 fc

#### **System Power Consumption:**

- Mixed White Mode 1750W
- Indige-Only Mode 1650W n. org



## Visible Light Disinfection Operating Room Solutions





## Clinical Implementation of Visible Light Disinfection

- Wall switch can be used to select desired mode <u>OR</u>
- Occupancy/vacancy sensor can automatically switch between modes







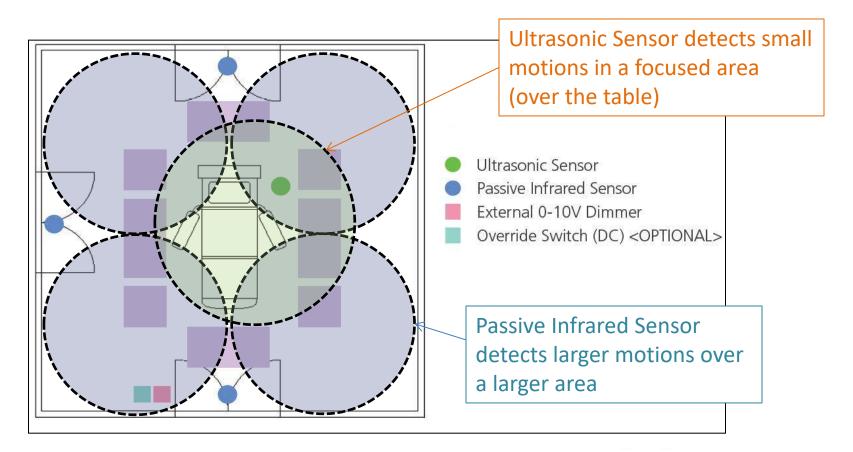
White Disinfection Mode = Ambient White Light + Disinfection Indigo Disinfection Mode = Increased Disinfection Only





## Control Solution(s)

"Maximize Dose Without Impacting Visual Acuity"







# CURRENT EVALUATION DATA FOR VISIBLE LIGHT DISINFECTION



## Demonstrated Laboratory Susceptibility to Visible Light Disinfection

#### ESKAPE Pathogens

- Enterococcus faecalis
- Staphylococcal Aureus\* (including MRSA)<sup>1</sup>
- Klebsiella pneumoniae
- Acinetobacter baumannii
- Pseudomonas aeruginosa
- Enterobacter species

\*= Demonstrated clinical susceptibility to presumptive S. Aureus & MRSA

#### **Gram-Positive Bacteria**

- · Clostridium perfringens
- Staphylococcus epidermidis (CONS)
- Staphylococcus hyicus (CONS)
- Streptococcus pyogenes
- Listeria monocytogenes
- Mycobacterium terrae
- Corynebacterium striatum

#### **Gram-Negative Bacteria**

- Proteus vulgaris
- Escherichia coli (E. coli)
- Campylobacter jejuni
- Salmonella enteritidis
- Shigella sonnei
- Serratia spp

#### **Yeast & Filamentous Fungi**

- Aspergillus niger
- Candida albicans
- Saccharomyces cerevisiae

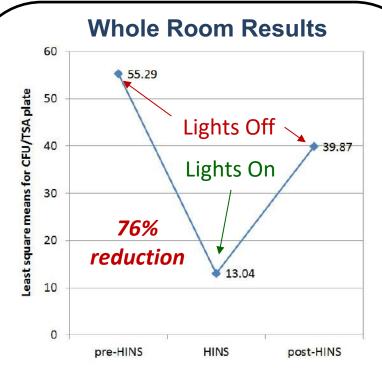
#### **Bacterial Endospores**

- Clostridium difficile
- Bacillus cereus



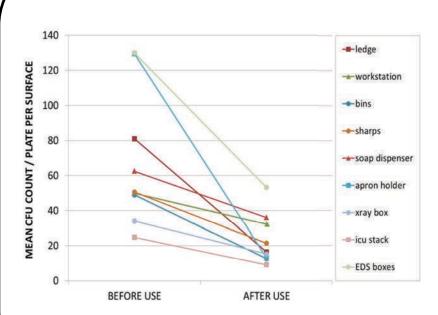


## Glasgow Royal Infirmary: Intensive Care Unit (Initial Studies)<sup>2</sup>



Significant reduction of total bacterial contamination on surfaces around the room (2-day use)

#### Surface-Specific Results



Bacterial reduction on a range of surfaces before and after use of the Visible Light Disinfection

All reductions in bacterial contamination were achieved <u>over and above</u> standard cleaning and infection control practices



### Additional Publication Data





#### HINS-light Publication List (-July 2012)

Scientific Journal Publications on the antimicrobial effects of 405 nm-light:

Maclean M., S.J. MacGregor, J.G. Anderson & G.A. Woolsey (2008). <u>High-Intensity Narrow-Spectrum Light Inactivation and Wavelength Sensitivity of Staphylococcus aureus</u>. FEMS Microbiology Letters, 285(2); 227-232. DOI: 10.1111/j.1574-6968.2008.01233.x

Maclean M., S.J. MacGregor, J.G. Anderson & G.A. Woolsey (2008). The Role of Oxygen in the Visible-Light Inactivation of Staphylococcus aureus. Journal of Photochemistry and Photobiology B: Biology, 92(3); 180-184. DOI: 10.1016/j.jphotobiol.2008.06.006 (Please note: download requires purchase.)

Maclean M., S.J. MacGregor, J.G. Anderson & G.A. Woolsey (2009). <u>Inactivation of Bacterial Pathogens Following Exposure to Light from a 405-nm LED Array. Applied and Environmental Microbiology</u>, 75(7); 1932-1937. DOI: 10.1128/AEM.01892-08

 "405-nm Light Proves Potent at Decontaminating Bacterial Pathogens", featured Current Topics article, Microbe: The News Magazine of the American Society for Microbiology, Volume 4(5), p216, May 2009.

Murdoch L.E., M. Maclean, S.J. MacGregor & J.G. Anderson (2010). <u>Inactivation of Campylobacter jejuni by exposure to high-intensity 405-nm visible light. Foodborne Pathogens and Disease</u>, 7(10); 1211-1216, 2010. DOI: 10.1089/fpd.2010.0561

Endarko E., M. Maclean, I.V. Timoshkin, S.J. MacGregor & J.G. Anderson (2012). <u>High intensity</u> 405nm light inactivation of <u>Listeria monocytogenes</u>. <u>Photochemistry and Photobiology</u>, 88: 1280-1286. DOI: 10.1111/j.1751-1097.2012.01173.x

Murdoch L.E., M. Maclean, Endarko, S.J. MacGregor & J.G. Anderson (2012). <u>Bactericidal</u> effects of 405-nm light exposure demonstrated by inactivation of Escherichia, <u>Salmonella</u>, <u>Shigella</u>, <u>Listeria</u> and <u>Mycobacterium</u> species in liquid suspensions and on exposed surfaces. The <u>Scientific World Journal (TSWI)</u>, Volume 2012, Article ID 137805, 8 pages. DOI: 10.1100/2012/137805

Maclean M., L.E. Murdoch, S.J. MacGregor & J.G. Anderson (2013). Sporicidal effects of highintensity 405 nm visible light on endospore-forming bacteria. *Photochemistry and Photobiology*, 89(1); 120-126. DOI: 10.1111/j.1751-1097.2012.01202.x (published online 30 Aug 2012).

Murdoch L.E., K. McKenzie, M. Maclean, S.J. MacGregor & J.G. Anderson (2013). <u>Lethal</u> effects of high intensity violet 405-nm light on Saccharomyces cerevisiae, Candida albicans and on dormant and germinating spores of Aspergillus niger. Fungal Biology, 117; 519-527. DOI: 10.1016/j.funbio.2013.05.004 (Please note: download requires purchose.)

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For a full list of available publications, please visit:

http://www.indigo-clean.com/resourceswhite-papers





# Froedtert & The Medical College of Wisconsin Froedtert Hospital

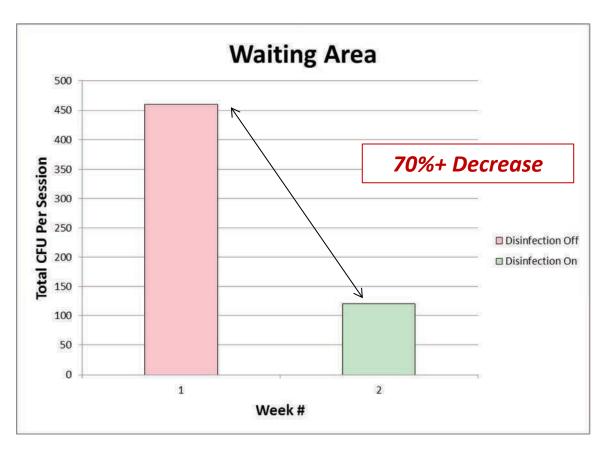
- GI Diagnostic Waiting Area
  - Easier to show a reduction due to high amount of bacteria
  - Proximity to procedure rooms
  - Approximately 450 ft.<sup>2</sup> (Equivalent to small OR)
  - Results consistent with previously published patient room results
  - Additional studies underway





### Clinical Results for Visible Light Disinfection

Inactivation of S. aureus in Waiting Room



"In Phase 2 of the trial, where the lighting deployment was optimized across the room, we were able to improve the bacterial reduction to more than 70%."

- Dr. Nathan Ledeboer, Associate Professor of Pathology, Medical College of Wisconsin





## Maury Regional Medical Center

- ~500 sq. ft.
- Primarily used for othropaedic applications
- Sampling conducted over 30 day period in two rooms
  - 15 days prior to installation
  - 15 days after installation
- Contact agar (BPA) media used
- Sampling performed on M,
   W, F of each week
- 50 samples per room per sampling day

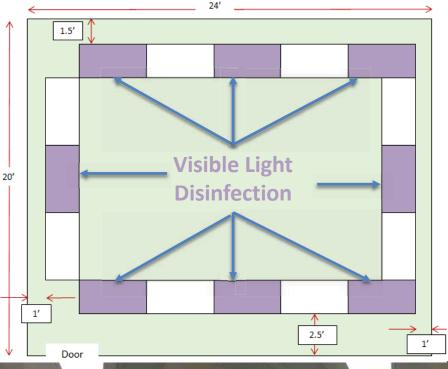








### **Installation**



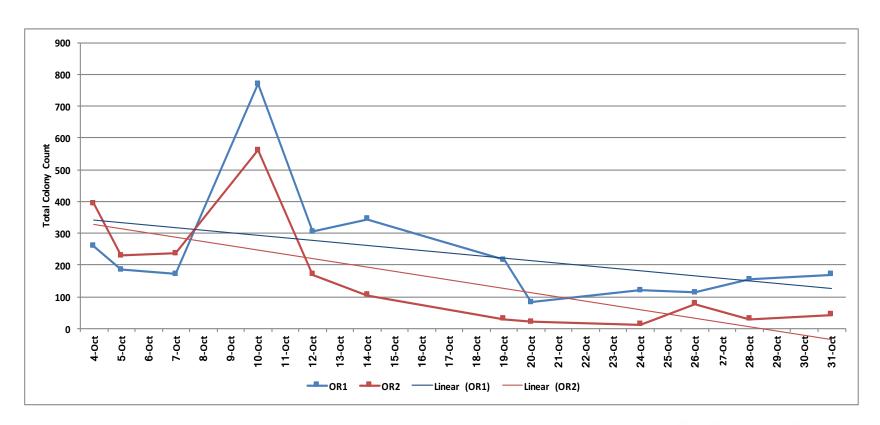
- Replaced 50% of existing fluorescent fixtures with Indigo-Clean (LED)
- Remaining fluorescent fixtures left in place but not needed to meet IES requirements





## Continuous Environmental + Episodic Disinfection

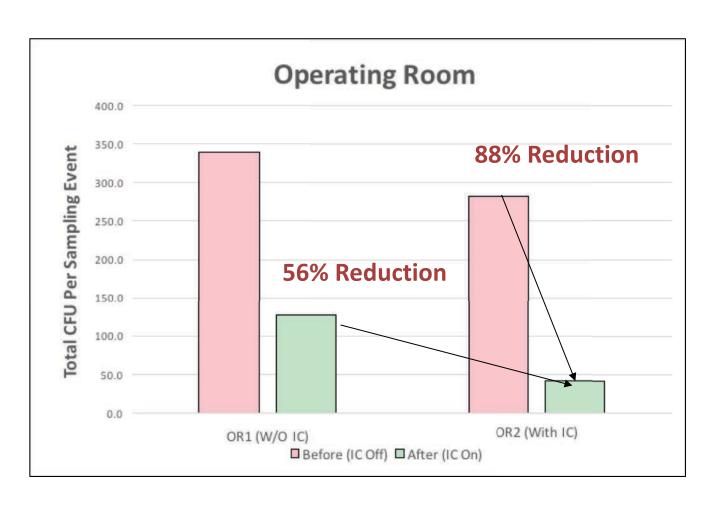
88% less bacteria with Continuous Disinfection in use







## Clinical Results for Indigo-Clean



"Compared to the baseline, we saw an average, daily reduction of 88% in the operating room where Indigo-Clean was installed despite the fact that the room was used 54% more than in the baseline period."

Lynnelle Murrell,
 BSN, RN, CIC Director,
 Infection Prevention,
 Maury Regional
 Hospital





### OR Layout

OR 3

Bacterial Reduction > N/A SSI Reduction > +17%%

Hallway

OR 2 (with Indigo-Clean)

Bacterial Reduction > -85% SSI Reduction > -75%

OR 1 (without Indigo-Clean)

Bacterial Reduction > -62% SSI Reduction > -73%





## Clinical Results for Continuous Environmental Disinfection

- Preliminary Results to be presented at AORN
  - SSI Reduction represents ~\$300K in cost avoidance

	Oct-15 to	o Oct-16	Oct-16 to	o Oct-17		
Room	# of Cases	# of SSI	# of Cases	# of SSI	SSI Change	Bacterial Reduction
OR-1 (Adjacent Control)	662	8	660	2	>= -73%	>= -62%
OR-2 (w/IC)	788	11	850	3	>= -75%	>= -85%
OR-3 (Distant Control)	751	6	809	7	+17%	Not measured
Total	2201		2319			





### Visible Light Disinfection Is A One-Time Capital Purchase

Hidden costs typically associated with whole room disinfection



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# Clinical Publications for Visible Light Disinfection

Publications demonstrating bacterial and HAI reduction







## Other Applications – Patient Bathroom

- Highly infectious organisms such as *C.diff* are transmitted through this area
- Modes of Operation:
  - Room Occupied:Ambient Lighting
  - Room Unoccupied:
     Indigo Disinfection
     Mode
- Controls: Occupancy sensor







## Other Applications – ED Trauma/Triage

- Constant use
  - Difficult to keep continuously clean
  - Can't shut room down for advanced disinfection technologies such as UV and/or H<sub>2</sub>O<sub>2</sub>
- Patients enter off the street
  - Unknown bacteria being brought into the facility
- Modes of Operation:
  - Room Occupied: White Disinfection Mode
  - Room Unoccupied: Indigo Disinfection Mode
- Controls: Occupancy sensor







## Clinical <u>and</u> Commercial Deployment

- State-of-the-art facilities in Las Vegas
- Henderson Hospital and Spring Valley Hospital- Universal Health Services Inc.







## Summary

- Visible Light Disinfection provides a way to improve environmental hygiene that compliments current efforts
- It is safe, contains no UV, and can be operated while people are in the room
- It can be integrated with overhead lighting and operated automatically without the need for additional people
- It uses reliable LED technology to increase lifetime and lower ongoing costs



## This concludes The American Institute of Architects Continuing Education Systems Course



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