

Designers Lighting Forum

Lighting and Control Design to Promote Health & Well-being in Healthcare Spaces

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Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.







Learning Objectives

At the end of this course, participants will be able to:

- 1. Understand lighting & control strategies for application specific spaces in healthcare: patient room, corridor, nurse station, and lobbies.
- 2. Design advanced lighting control solutions for health care projects to improve comfort and simplify control
- 3. Understand the unique approach required when designing for healthcare projects.
- 4. Best practices for specifiers when working with manufacturers & manufacturer reps to meet application-specific design requirements





Healthcare Lighting & Controls Design

APPLICATION TO HEALING SPACES







Introduction & Why We're Here



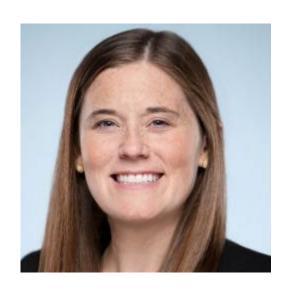
Christian Groom
Director of Marketing
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Tom Kaczkowski

Principal / Director of Lighting Design

HOK



Stacey Kennedy
Senior Director, Healthcare Vertical
Focal Point





Healthcare Projects Require Empathy







Design Team Considerations

Conception > Occupancy

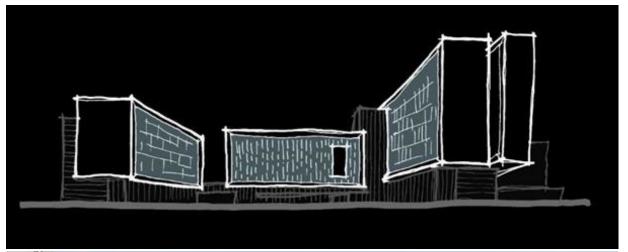
Scope of Work

Owner Engagement / Stakeholders

Standards, Lighting "History", Budgets

Design Process/Phases

Design Team, Owner Team, Contractor









Design Team Considerations

Client / Stakeholders

Codes/AHU

Architecture

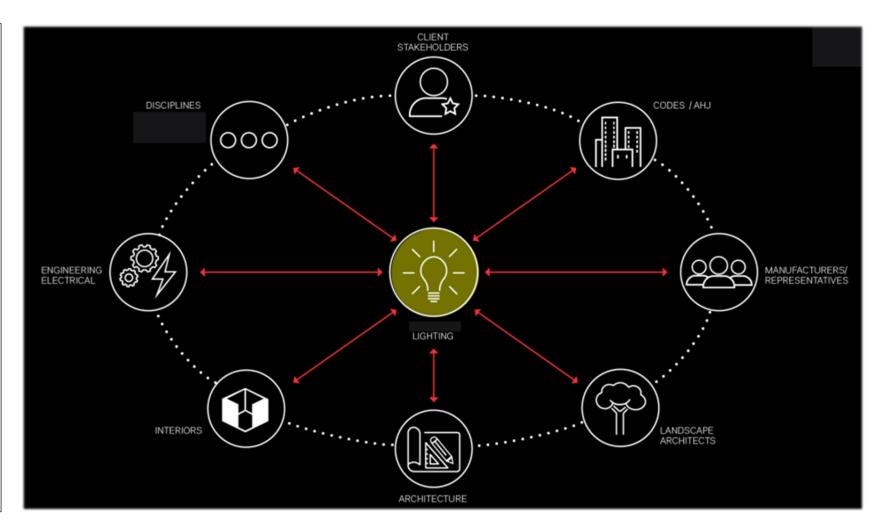
Interiors

Landscape

Electrical

Disciplines

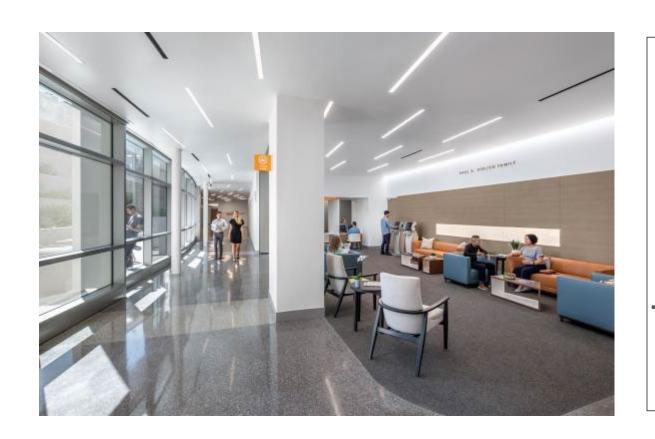
Manufacturers/Reps











"Healthcare facilities are, arguably, the most complex of architectural facility types."

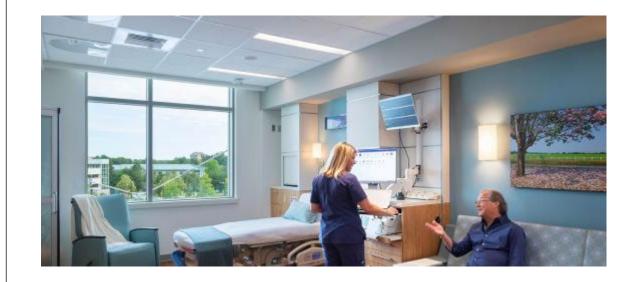
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Controls Considerations

By adhering to standards, thoughtful documentation, & effective communication, designers can positively influence the lives of patients and staff.







Approach Healthcare Holistically

Project Goals, Objectives

Client Goals, Objectives

Benchmarks

Budgets

Context

Empathy / Experience













Lighting & Controls Design

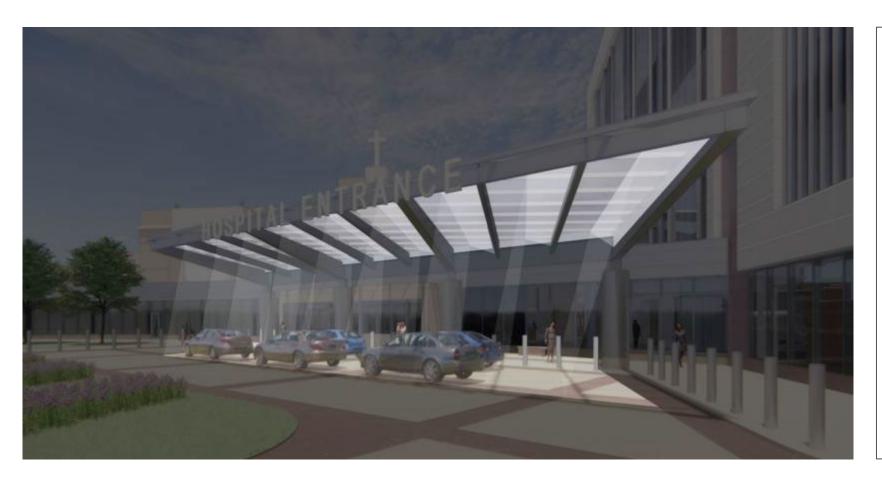
PUBLIC AREAS







Building Aesthetics & Design Creativity



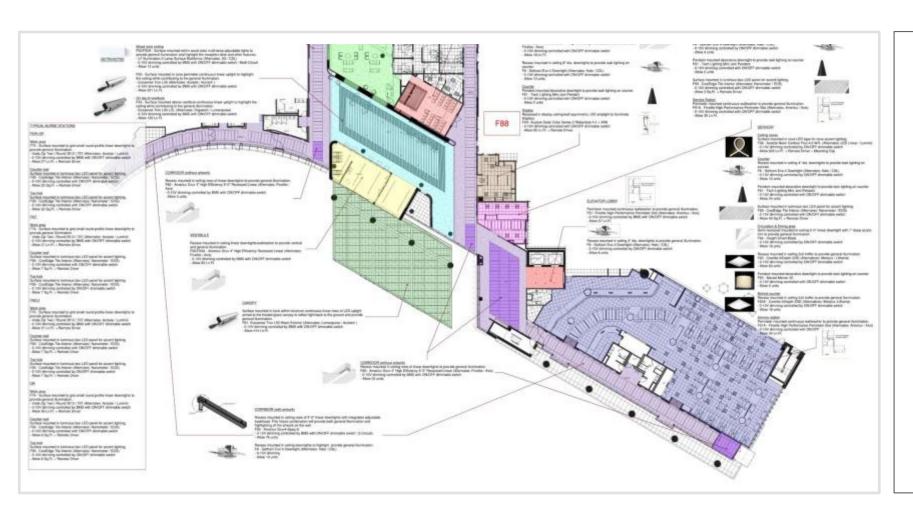
Welcome, Accommodate & Comfort thru Design

- Orientation
- Destination
- Respite
- Distraction
- Day in the Life





Building Aesthetics & Design Creativity



Day in the Life of ...

Patient, Staff, Visitor

- 24/7 Facility
- Network or Stand-Alone lighting controls.
- Preset "Scenes" to Building vs Spaces
- Building Sleeps
- Occupancy Sensors
- Shades







Common Areas

Lobbies, Atriums, Waiting Areas, Corridors, & Areas of Respite

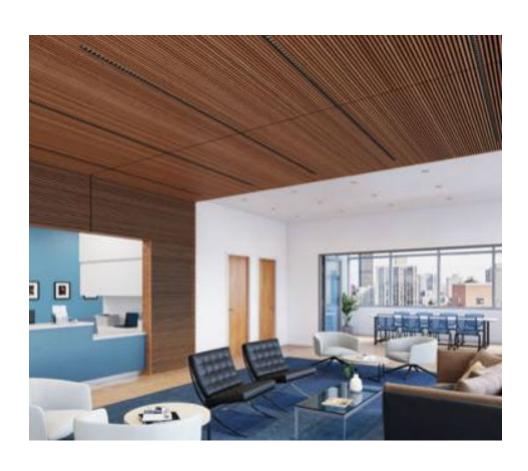
- Design Philosophy
 - Unique, signature spaces (vs Standards)
 - Hospitality (vs Clinical) Look/Feel
 - Kit of Parts
- Lighting
 - Avoid environmental stressors
 - Behavioral health needs
 - Trends: Outdoor spaces, daylighting emphasis on artwork (hospitality), 405nm
- Control
 - Dynamic lighting control that is welcoming
 - Embrace & leverage ambient light in the space







Support & Administration Areas



Staff Lounges & Faculty Offices

- Design Philosophy
 - Standards (vs Unique)
 - Hospitality, "nice" ... but on budget
 - Kit of Parts
 - Privacy, respite ... flexible light levels
- Lighting
 - Wayfinding Light can clearly delineate spaces
 - Watch for veiling reflections
- Control
 - Biggest opportunity for energy savings
 - Luminaire level lighting control in office spaces







Lighting & Controls Design

PATIENT FLOORS







Inpatient Care Areas

Nursing Stations, Recovery Areas, Centralized Support Spaces

- Design Philosophy
 - Unique spaces (New Standards)
 - Hospitality v Clinical Look/Feel
 - "see my face, distress or calm"
 - Flexible, preset light levels ... Code Blue
- Lighting
 - Impacts of photobiological response for staff and patients
- Control
 - Tailor to the dynamic needs of this space & those who are in it
 - Simple control via wall stations
 - Light schedules
 - Emergency lighting control for the corridor





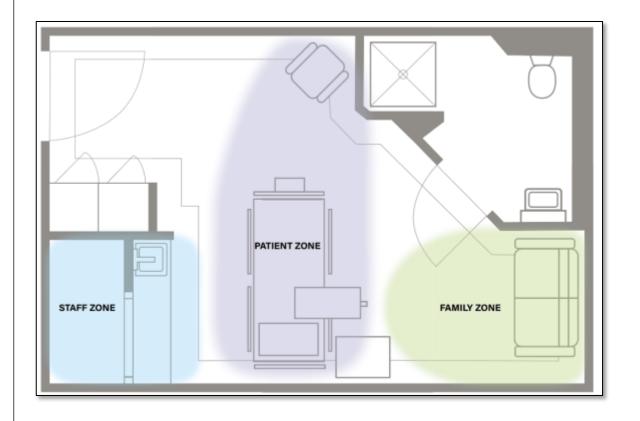




It's not just about the patient.

"The design of the lighting system should address the wide range of tasks being performed in the room, including requirements for cleaning."

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Patient Rooms

Design Philosophy

- Patient comfort, control their environment
- 2am Path to Toilet, Family Zone, Staff Zone
- Bariatric Rails, Headwalls
- Code Blue clearances > Bed moves
- Mockups (Test 1 ... build 150 with edits)

Lighting

- Competing needs between the patient, caregiver, and staff
- Cleanliness and maintenance across the three zones
- Night lighting

Control

- Integration with software, shading, & patient's bedside controls (i.e. pillow speaker)
- Wall stations that enable intuitive, simple control







Intuitive Control for Anyone Entering the Room



Lighting & Shading Control Improving Occupant Experience

- Seamless integration & single control point from patient bedside
- Programmable button configuration and engraving options
 - Switching, dimming and scene control
- Simplicity starts with the control specification resources
 - SOO, Narrative, Lighting Control Matrix, &
 BOM





Lighting Control that Promotes Building Flexibility

Enabling a Resilient Healthcare Space with Advanced Lighting Control

- Bolster building resilience with a "futureproof" design
 - Easily repurpose a space or add control
- Expandable systems to go beyond energy code
- Service plans allow for remote and/or on-site system configuration







Lighting & Controls Design

SPECIFIER & DESIGNER BEST PRACTICES













Specifier & Designer Best Practices

What the Specifier Should Focus on When it Comes to Healthcare Lighting & Control Design

- Lighting Scope of Work
- Owner engagement, standards
- Design Process/Phases with Team, Owner,
 Contractor
- Buckets of Money ?







Specifier & Designer Best Practices

What the Specifier Should Focus on When it Comes to Healthcare Lighting & Control Design

- Lighting Design Options, iterations, pricing. Paint-by-Numbers vs Original Design?
- Controls Owner, Electrical Engineer, Lighting Designer (+ Headwall/Bed Vendor).
- Relationships Manufacturers +
 Sales Reps Collaboration, support, pricing, samples ... innovative or equal products.
- Full Scale Room Mockups











Bringing it all together...





This concludes The American Institute of Architects Continuing Education Systems Course





APPENDIX

